

# Shower Routine

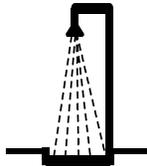
get undressed



turn on water



get in shower



wet hair  
wet face



put shampoo  
in hand



shampoo hair



rinse hair



put cream rinse  
in hand



work through  
hair



rinse hair



wash face



rinse face



wash body



rinse



dry off  
dry face  
dry hair



get dressed

