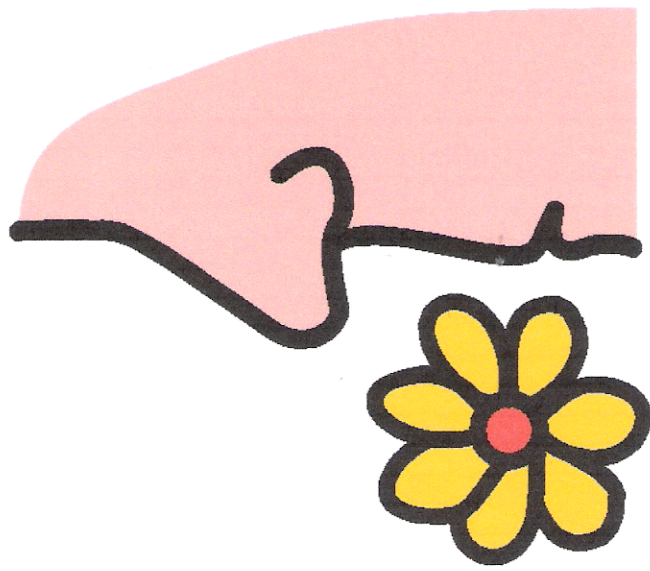
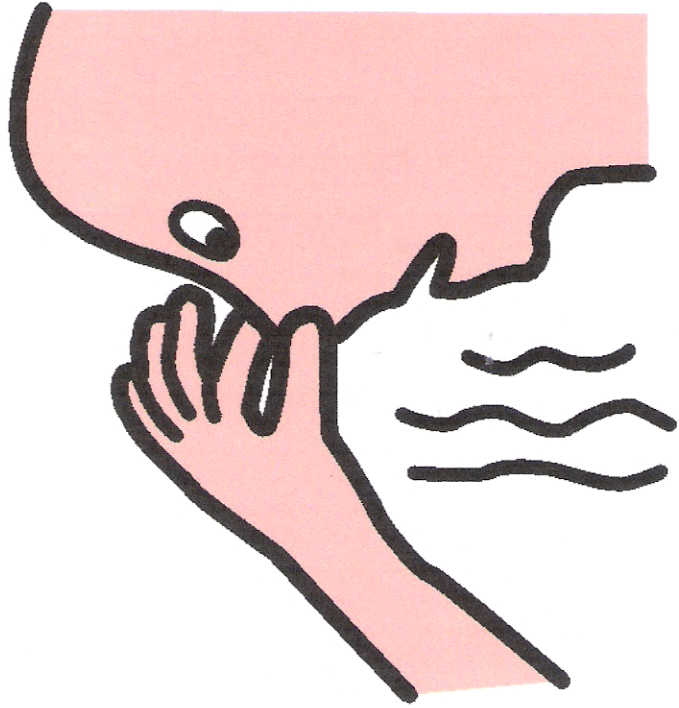


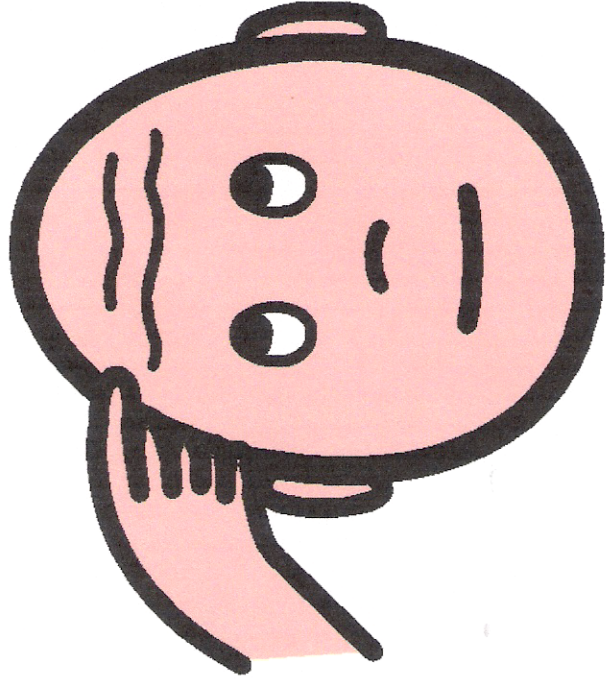
Keeping My Body
Smelling Fine



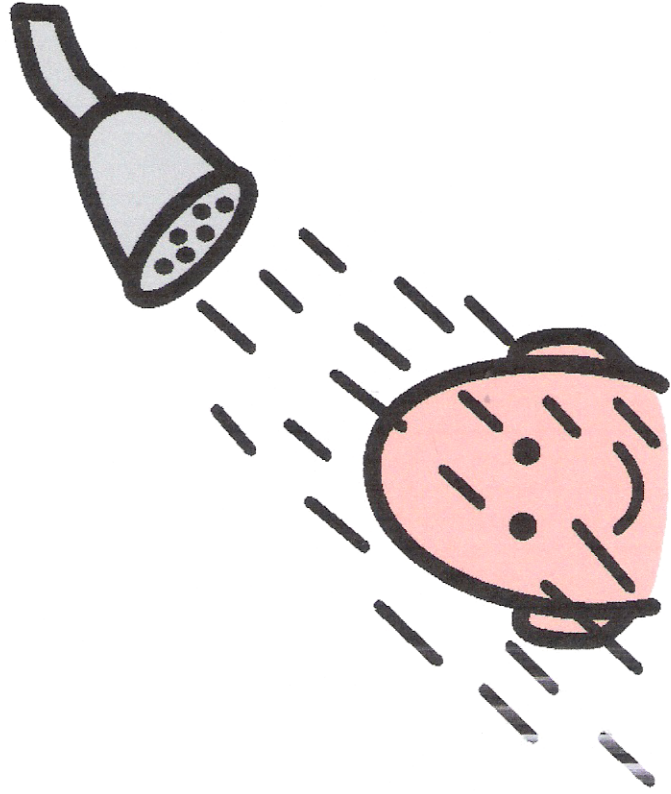
Sometimes people have a funny smell coming from their body. This is called body odour. Other people don't like to work or play near them because they do not like the smell.



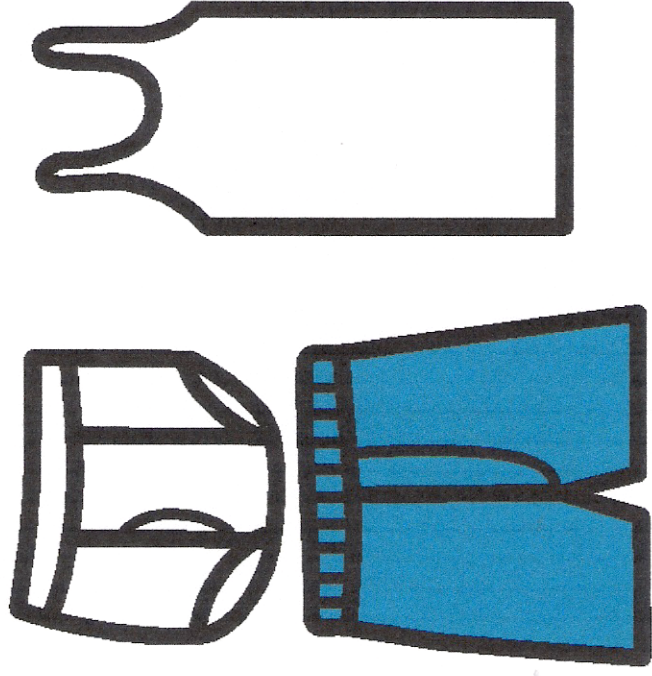
I do not want to have body odour. I want people to work and play with me. This is what I can do to make sure that I do not have a bad body odour.



I can have a bath or shower every day or every other day. When I take my bath or shower I will use soap and wash every part of my body.

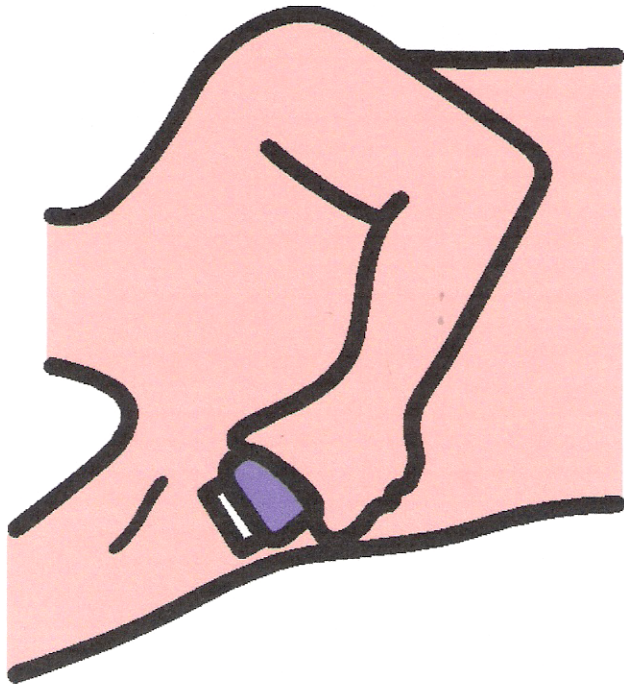


After my bath or shower, I will put on clean underwear. It is important to put on clean underwear because dirty underwear has a bad odour.

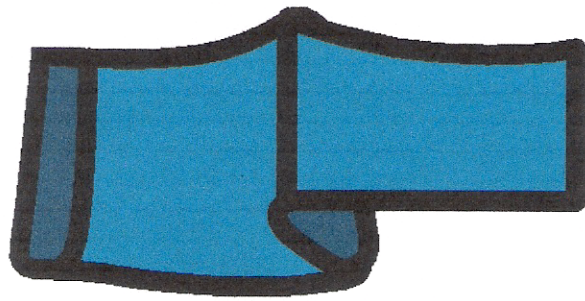
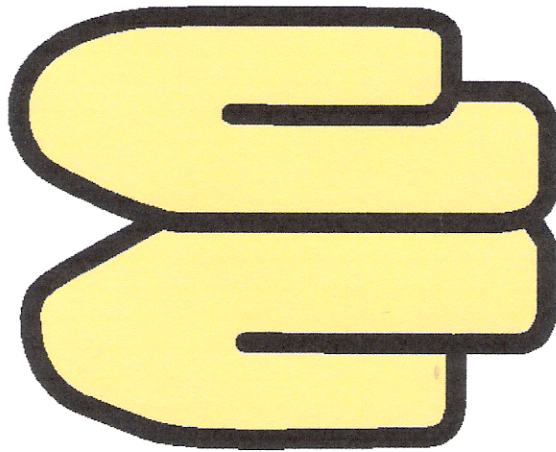


When boys and girls get to be 11 or 12, they sometimes start using deodorant. Adults use deodorant.

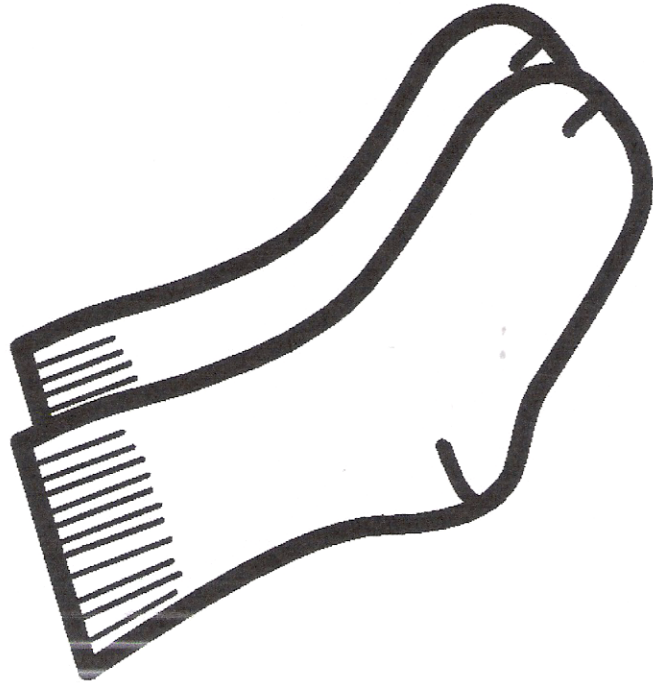
They put it under their arms after they have a shower. This makes their body smell good.



It is important to wear clean clothes because dirty clothes can smell badly. I put the dirty clothes in the laundry. I put clean clothes on after my shower or bath.



I need to put clean socks on too.
Dirty socks smell badly. They
will give me body odour. I do not
want to smell badly. I want to
smell clean and fresh.



To keep my body smelling nicely,
I must....

1. have a shower or bath every day or every other day
2. wear clean underwear and socks
3. wear clean clothes

