**EYFS Activities for Home**

*Helpful tips and advice:*



* Make sure routines and structures of the environment are understood and support with a visual timetable
* Make sure rules are clear and consistently applied
* Model appropriate interactions
* Use adult support to create independence not dependence
* Be flexible- respect the needs of your child, rather than expecting them to fit in with the way things normally happen.
* Value special interests and use these to connect with your child to promote a sense of belonging
* Utilise opportunities to explicitly label emotions and link to scenarios



* Keep language simple and positive
* Use your child’s name to gain attention
* Chunk longer instructions
* Use visual supports
* Explain ambiguous language
* Be aware that your child may not understand everything they say
* Encourage/manipulate opportunities to communicate
* Respond to attempts at communication, not just speech.



* Prepare your child for the change the environment by using pictures and taking them to places in the house that may be changing.
* Use visual markers to demarcate space and provide structure to the activities
* Use visuals to encourage safe behaviours; e.g. “climb here” and “stop” symbols on climbing apparatus.
* Provide a “withdrawal” space of the child is feeling overwhelmed.



* Use large books, where the visuals would engage your child for a short period of time
* Use of “touchy-feely” books or those with flaps or hidden pictures/words
* Use of books with pictures of familiar family members in to engage attention.
* Use of interactive computer stories; with sounds and spoken words
* Engage children in nursery rhymes on a daily basis
* Use of puppets and other toys/props to tell a story



* Count real objects rather than simply reciting numbers.
* Teach the language of mathematics; for example, words related to shape size, weight, ordering, sorting and comparing and accompany with visuals.
* Use the language of mathematics and applying knowledge of numbers to meaningful real-life contexts; for example, how many bags of fruit may be needed for snack time.
* Use your child’s special interest as a vehicle for teaching or motivator.



* Focus on concrete ideas, supported by visual materials and real objects.
* Prepare your child for new experiences and plan carefully to accommodate for any sensory issues
* Use clear simple language when explaining the view-points of other people
* Use a visual timetable to help your child understand the passing of time and the concepts of past and future
* Utilise special interests.



* Encourage your child to experience different materials and textures. If reluctant try linking to their special interest.
* Model imaginative play and role play. Link to your child’s own experiences and interests.
* Show by playing alongside that object can be used to represent other things
* Prepare your child for loud activities or allow the child to use the “quiet” area to withdraw to.
* Limit choices – offer too many things and your child may be unable to make any choice
* Find alternatives to “messy” hands projects or provide protective gloves

Nursery rhymes & songs:

* Twinkle, Twinkle Little Star
* Alphabet song
* Incy Wincy Spider
* Hokey Kokey
* Old Mcdonald Had a Farm
* Row Row Row Your Boat
* Round and Round the Garden
* The Grand Old Duke of York
* Ring-a-ring a Rosie
* Wind the Bobbin up
* If you’re happy and you know it
* 1,2,3,5 Once I Caught a Fish Alive
* 10 Fat Sausages
* 10 Green bottles
* 5 Current Buns
* 5 Little Ducks
* 5 Little Monkeys
* 10 in a Bed

Useful Websites:

[www.twinkl.co.uk/offer](http://www.twinkl.co.uk/offer) (enter code UKTWINKLHELPS)

<https://www.helpkidzlearn.com/early-years> (Login: )

<https://www.educationcity.com/> (Login: )

<http://www.earlyyearsresources.co.uk/blog/2018/02/sensory-play-activities-and-ideas/>

<https://www.firstdiscoverers.co.uk/early-years-science-activities-eyfs/>

*Please do contact me if you have any questions or need any support.*

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