

## Selective literature search on: disclosure of diagnosis to person with ASD , taken from Autism Data, [www.autism.org.uk/autismdata](http://www.autism.org.uk/autismdata)



Date Created: 05/12/2013 11:37:49

**Title:** I am special: a workbook to help children, teens and adults with autism spectrum disorders to understand their diagnosis, gain confidence and thrive

**Authors:** Vermeulen P.

**Abstract:** Programme for helping children, teenagers and adults on the autism spectrum to understand themselves and their diagnosis, gain confidence and thrive. It describes the theory and research behind the programme and explains how to use it in practice. The author presents a series of worksheets, included on an accompanying CD in a printable format, on a range of topics including how the brain works, physical characteristics, likes and dislikes, sensory issues, strengths and weaknesses, learning preferences, relationships and plans for the future. When completed, the worksheets can be used to build up a personal book about the individual on the autism spectrum, to help foster self-understanding and self-confidence.

**Publication Date:** 2013

**Publisher:** Jessica Kingsley

**Address:** Jessica Kingsley Publishers, 116 Pentonville Road, London, N1 (JB; website: [www.jkp.com](http://www.jkp.com))

**Keywords:** Autism spectrum disorders; Asperger syndrome; Children; Adolescents; Self-image; Guide for people with autistic spectrum disorders; Disclosure to person with ASD; Adults; Self-understanding; Diagnosis; Confidence

**CID:** 30677

**Classification ]**

**Title:** Ten guidelines for telling your child about ASD

**Authors:** Faherty C.

**Source:** Autism Asperger's Digest, 2012, July-August, pp. 26-28

**Abstract:** This article discusses an approach to informing children with autism about their diagnosis. The author has developed ten guidelines which are autism-friendly, using a visual strategy and a process of sorting solid bits of information into two lists - one for strengths and one for challenges.

**Publication Date:** 2012

**Keywords:** Autism spectrum disorders; Guide for parents; Self-knowledge; Disclosure to person with ASD; Visual strategies

**Availability:** Available from the NAS Information Centre

**CID:** 29263

**Classification** Journal collection

**Title:** Telling a child about their diagnosis

**Authors:** The National Autistic Society

**Abstract:** Some frequently asked questions about telling a child with an autism spectrum disorder (ASD) about their diagnosis.

**Publication Date:** 2009

**Publisher:** National Autistic Society

**Address:** The National Autistic Society, 393 City Road, London, EC1V 1NG; tel: 020 7833 2299; fax: 020 7833 9666; email: [nas@nas.org.uk](mailto:nas@nas.org.uk); website: [www.autism.org.uk](http://www.autism.org.uk)

**Download From:** <http://www.autism.org.uk/23604>

**Keywords:** Children; Diagnosis; Autism spectrum disorders; Guide for parents; Disclosure to person with ASD

**Availability:** Available free of charge from the NAS website [www.autism.org.uk](http://www.autism.org.uk)

**CID:** 20933

**Classification** Q drive

**Title:** Talking together about an autism diagnosis: a guide for parents and carers of children with an autism spectrum disorder

**Authors:** Pike R.

**Abstract:** Gives some tips and strategies for parents and carers in sharing the diagnosis of an autism spectrum

disorder (ASD) with their children and young people. It includes helpful information for schools and for people working with adults with an ASD.

**Publication Date:** 2008

**Publisher:** The National Autistic Society

**Address:** The National Autistic Society, 393 City Road, London, EC1V 1NG; tel: 020 7833 2299; fax: 020 7833 9666; email: nas@nas.org.uk; website: www.autism.org.uk

**Keywords:** Diagnosis; Guide for parents; Children; Autism spectrum disorders; Disclosure to person with ASD

**Availability:** Available from Central Books Ltd., 99 Wallis Road, London E9 5LN, tel: 0845 458 9911; fax: 0845 458 9912; email: nas@centralbooks.com; or order online: www.autism.org.uk/pubs

**CID:** 19859

**Classification** NASPUB35

**Title:** Frequently asked questions

**Authors:** Attwood T.

**Source:** In Attwood T. (2006) The complete guide to Asperger syndrome. London: Jessica Kingsley, pp. 327-347

**Abstract:** Questions discussed include: what causes Asperger syndrome?; should you explain the diagnosis to the child and how and when to explain the diagnosis; are people with Asperger syndrome more likely to be involved in criminal activities?; can Asperger syndrome be confused with schizophrenia? and what are the long term outcomes?

**Publication Date:** 2006

**Keywords:** Asperger syndrome; Aetiology; Disclosure to person with ASD; Crime; Schizophrenia; Outcome

**Availability:** Available from the NAS Information Centre

**CID:** 16707

**Classification ]**

**Title:** Disclosure: a parent's perspective

**Authors:** Jackson J.

**Source:** In: D. Murray ed. (2006) Coming out Asperger. London: Jessica Kingsley, pp. 184-199

**Abstract:** The author, who has children on the autistic spectrum, discusses disclosure of their condition to the child and disclosure to the general public.

**Publication Date:** 2006

**Keywords:** Asperger syndrome; Children; Disclosure to person with ASD; Parental accounts

**Availability:** Available from the NAS Information Centre

**CID:** 16318

**Classification ]**

**Title:** The conversation

**Authors:** Overton J.

**Source:** In: D. Murray ed. (2006) Coming out Asperger. London: Jessica Kingsley, pp. 164-172

**Abstract:** A conversation between mother and child when she tells him that he has autism.

**Publication Date:** 2006

**Keywords:** Autism; Disclosure to person with ASD; Children

**Availability:** Available from the NAS Information Centre

**CID:** 16317

**Classification ]**

**Title:** 'Why's it all so difficult?' Sharing the diagnosis with the young person

**Authors:** Whitaker P.

**Source:** In: D. Murray ed. (2006) Coming out Asperger. London: Jessica Kingsley, pp. 125-142

**Abstract:** In this chapter, the author explores the arguments in favour of sharing the diagnosis and goes on to consider how this might be undertaken. Although not intended as a how-to guide, key principles and strategies common to a number of the publications in this area are discussed and summarised. The author also draws on the accounts of a self-selected group of 30 or so parents who met to share their experience of the process and on personal experience in Leicestershire's autism outreach team.

**Publication Date:** 2006

**Keywords:** Autism spectrum disorders; Disclosure to person with ASD; Young people

**Availability:** Available from the NAS Information Centre

**CID:** 16144

**Classification ]**

**Title:** Mental health issues surrounding diagnosis, disclosure and self-confidence in the context of Asperger syndrome  
**Authors:** Andrews D. N.  
**Source:** In: D. Murray ed. (2006) Coming out Asperger. London: Jessica Kingsley, pp. 94-107  
**Abstract:** Written by a man with Asperger syndrome, this chapter focuses on depression and anxiety as responses to societal pressure to conform and societal hostility toward those who are 'different'. He speaks of his childhood and how professionals treated him and 'drugged him up' and how this treatment affected his life.  
**Publication Date:** 2006  
**Keywords:** Asperger syndrome; Mental health; Diagnosis; Disclosure to person with ASD; Self-confidence; Anxiety; Depression; Drug therapy  
**Availability:** Available from the NAS Information Centre  
**CID:** 16142  
**Classification ]**

**Title:** Diagnosis of Asperger syndrome  
**Authors:** Attwood T.  
**Source:** <http://www.autism.org.uk/18210>  
**Abstract:** Although it has been over 60 years since Hans Asperger described a group of children with 'autistic psychopathy' clinicians and academics have yet to agree on the diagnostic criteria. The problems with the current criteria will be briefly reviewed and the remainder of the paper will outline activities and procedures that can be used in the diagnostic assessment of children and adults referred for a diagnosis of Asperger syndrome. The paper will include a description of the clinical profile in girls and women with Asperger syndrome, a discussion of the child's psychological response to being different and strategies to explain the diagnosis to children and adults with Asperger syndrome.  
**Publication Date:** 2005  
**Download From:** <http://www.autism.org.uk/18210>  
**Keywords:** Asperger syndrome; Adults; Disclosure to person with ASD; Diagnosis; Girls  
**Availability:** Available free of charge from the NAS website [www.autism.org.uk](http://www.autism.org.uk)  
**CID:** 15728  
**Classification** 005a) File

**Title:** Getting started: introducing your child to his or her diagnosis of autism or Asperger syndrome.  
**Authors:** Wheeler M.  
**Source:** Reporter, 2003, Vol. 9(1), pp. 1-5.  
**Abstract:** A brief article for parents focusing on aspects of explaining your child's diagnosis to him or her and about resources that can assist or guide you. Available to download from <http://www.iidc.indiana.edu/index.php?pageld=362>  
**Publication Date:** 2003  
**Address:** Not given  
**Download From:** <http://www.iidc.indiana.edu/index.php?pageld=362>  
**Keywords:** Autism; Asperger syndrome; Children; Disclosure to person with ASD; Diagnosis  
**Availability:** Available from the NAS Information Centre  
**CID:** 13411  
**Classification** Journal collection

**Title:** How to explain the disability to the child with autistic spectrum disorders  
**Authors:** Attwood T.  
**Abstract:** Lists some suggestions for talking to children about their diagnosis of an autistic spectrum disorder.  
**Publication Date:** 2002  
**Publisher:** autism.west midlands  
**Address:** autism.west midlands, 18 Highfield Road, Edgbaston, Birmingham, B15 3DU  
**Keywords:** Autism spectrum; Children; Disclosure to person with ASD  
**CID:** 12337  
**Classification** 007g) File

**Title:** Introducing my children to Asperger's syndrome

**Authors:** Hoekman L.

**Source:** The Morning News, 2001, Vol.14 (1-2), pp. 2-6

**Abstract:** This article describes how the author introduced their two sons, aged 5 and 7, to their diagnosis of Asperger syndrome. She used children's literature to launch the discussion.

**Publication Date:** 2001

**Keywords:** Asperger syndrome; Children; Disclosure to person with ASD

**Availability:** Available from the NAS Information Centre

**CID:** 14159

**Classification** Journal collection

**Title:** The mystery of a special kid

**Authors:** Santomauro J.

**Abstract:** This booklet talks about sharing the diagnosis with the child with Asperger syndrome.

**Publication Date:** 2001

**Address:** Josie Santomauro, PO Box 293, The Gap QLD 4061, Australia; email: josies@powerup.com.au; website: www.powerup.com.au/~josies

**Keywords:** Asperger syndrome; Children; Diagnosis; Disclosure to person with ASD

**CID:** 13523

**Classification ]**

**Title:** I've got a burger syndrome!

**Authors:** Santomauro J.

**Source:** www.autismconnect.org/autism99/

**Abstract:** This paper provides parents with 'tools' to help them tell their child they have Asperger's syndrome: The Support tool - ways in which you can support your child through his/her grieving. The Learning tool - how you can teach your child to look at him/herself as an individual in helping to gain independence and self-esteem. The Courage tool - how and when to share the diagnosis with your child.

**Publication Date:** 1999

**Address:** P O Box 293, The Gap, Queensland 4061, Australia, e-mail: josies@powerup.com.au

**Download From:** <http://www.autismconnect.org/autism99/>

**Keywords:** Asperger syndrome; Parent child interaction; Guide for parents; Disclosure to person with ASD

**Availability:** Available from the NAS Information Centre

**CID:** 9618

**Title:** I'm special: a method and workbook to introduce children, adolescents and young adults to their autism spectrum disorder

**Authors:** Vermeulen P.

**Source:** www.autismconnect.org/autism99/

**Abstract:** Based on more than ten years experience of working with nonretarded youngsters and adults with autism, we developed a method and a workbook to explain autism spectrum disorders to them. It is called: "I'm special". For the majority of people with autism, in particular the youngsters, the kind and amount of information in the traditional literature on autism and especially the form of the information (written language with a lot of abstract words and concepts) is not adapted to their specific style of information processing. The workbook and the sessions on explaining autism we developed are different: content and design are compatible with an autistic style of reading, understanding and thinking.

**Publication Date:** 1999

**Download From:** <http://www.autismconnect.org/autism99/>

**Keywords:** Autism spectrum; Guide for people with autistic spectrum disorders; Guide for children; Disclosure to person with ASD

**Availability:** Available from the NAS Information Centre

**CID:** 9587

**Title:** Pictures of me - introducing students with Asperger syndrome to their talents, personality and diagnosis.

**Authors:** Gray C.

**Source:** Communication, 1997, Winter, pp. 22-25.

**Abstract:** Explaining autistic spectrum disorder (ASD) to a person with autism or Asperger syndrome is far from easy. ASD is an extremely complex disorder and very difficult to explain to most people let alone someone with the disorder.

Carol Gray, consultant to students with autistic spectrum disorders, has produced Pictures of Me, a social story designed to introduce a student with Asperger syndrome to his personality, talent and diagnosis. Here we reproduce the social story that can be adapted to suit the specific needs of each individual.

**Publication Date:** 1997

**Keywords:** Asperger syndrome; Social stories; Life story work; Disclosure to person with ASD; Visual

**Availability:** Available from the NAS Information Centre

**CID:** 7700

**Classification ]**