**Occupational Therapy Activities**

The NHS Greater Glasgow and Clyde website has some fantastic ideas for parents to try at home with their children. Click on this link:

<https://www.nhsggc.org.uk/kids/resources/>

**Activities are organised into the following categories**:

* Activities of Daily Living
* Self-care
* Play and Leisure
* Education
* Fine Motor
* Gross Motor
* Sensory