



Tom Tom Group



The Early Years team offers a high quality stay and play session that incorporates the use of ASD specific strategies to support early development.

We welcome parents and carers of children with social communication difficulties to experience a friendly, nurturing environment where you will meet other parents, develop the use of positive strategies, and have fun with your child.

This session runs in term time only and is based at:

Beecroft Children's Centre
Friday 9.30-11.15



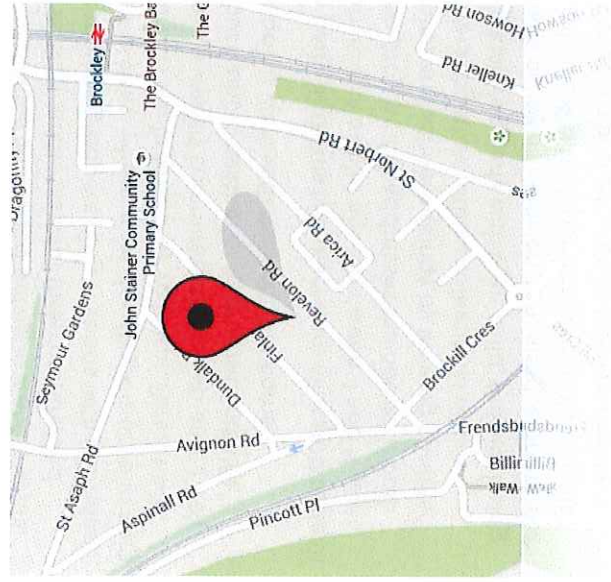
Contact us at:

Drumbeat Brockley
Revelon Road
SE4 2PR

0207 6359022

outreach.admin@drumbeat.lewisham.sch.uk

www.drumbeatasd.org



Drumbeat
School & ASD Service

An educational outreach service for
Lewisham schools, early years settings
and families.



"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away."

Henry David Thoreau.



Parent Workshops

The Drumbeat Outreach offers a termly calendar of workshops on a range of topics, strategies and interventions to support the needs of parents and carers.

All free sessions are aimed at parents, family members and carers living with and supporting individuals with social communication difficulties, including children and young people with a diagnosis of ASD.

The workshops aim to provide a safe place to discuss your child's strengths and needs with other parents and to share some practical strategies and top tips!



"It's been so helpful. I can't thank you enough. I feel I'm getting to know my son's world."

"I really enjoyed the session and the sharing and found it very useful. Need more sessions!"

"Thank you for creating a very engaging presentation. It was very well delivered and I could really relate."



Parent Programmes

Within Drumbeat Outreach we run three licensed courses for the parents of children newly diagnosed with an autism spectrum disorder (ASD). These courses run over a number of weeks and are facilitated by multi-disciplinary teams within Drumbeat and in collaboration with our partners in health. Early Bird and Early Bird Plus have been developed by the National Autistic Society (NAS) and Cygnet has been developed by Barnardos.

In **Early Bird** two places are allocated to each family with a child aged between 2 and 5 years. The programme lasts for three months and combines group training sessions with individual home visits, where video feedback is used to help parents apply what they've learnt. Parents will have a weekly commitment of a two-and-a-half hour training session or home visit and also ongoing work with their child at home.

In **Early Bird Plus** two places are allocated to each family with a child aged between 4 and 8 years. The programme addresses the needs of both home and school settings by training parents/carers together with a professional who is working regularly with their child, the aim being that a child will be given consistent support. We work to build both parents' and professionals' confidence and encourage them to problem solve together. Parents and professionals will have a weekly commitment of eight two-and-a-half hour training sessions plus parents will have two home visits.

The **Cygnet Programme** is a parenting support programme for the parents and carers of children and young people aged 9-18 with a diagnosis of ASD. Parents will have a weekly commitment of a two and a half hour training session for six sessions and courses are usually run in the evenings to accommodate working parents.

In addition to the core parent programmes we also offer some additional parent courses around **Supporting Siblings, Puberty, Sexual Relationships and Wellbeing and Healthy Minds.**

Friends of Early Bird

Every half term we hold a drop in/coffee morning for parents and carers that have attended any of our parent programmes. This is an opportunity to catch up with other parents and share experiences, struggles and successes, as well as ideas and strategies. All of the dates for these sessions are on our website.

"Earlybird was fantastic and incredibly useful."

John Ball Primary School

"It was great that Drumbeat had already worked with some of our families during Earlybird sessions. Drumbeat also went out of their way to refer other families for us."

Prendergast Primary School

Courses developed by:



Believe in children
Barnardo's