

Useful Links:

- ▶ www.autism.org.uk/about/health/mental-health.aspx
- ▶ www.papyrus-uk.org
- ▶ theolliefoundation.org
- ▶ www.socialthinking.com
- ▶ www.socialthinking.com/Articles?name=Social%20Behavior%20Mapping
- ▶ www.5pointscale.com
- ▶ www.do2learn.com/organizationtools/EmotionsColorWheel/
- ▶ autismteachingstrategies.com/tag/cbt/
- ▶ www.erinoakkids.ca/ErinoakKids/media/EOK_Documents/Autism_Resources/SOCCSS.pdf

Any questions?

- ▶ References:
 - ▶ Attwood, T. (2001). Exploring Feelings: Anxiety: Cognitive Behaviour Therapy to Manage Anxiety
 - ▶ Costello, E., Mustillo, S., Erkanli, A., Keeler, G. and Angold, A. (2003). Prevalence and development of psychiatric disorders in childhood and adolescence. *Archives of General Psychiatry*, 60, 837-844
 - ▶ Dunn Buron, K. and Curtis, M. (2012) The Incredible 5-Point Scale: Assisting Students in Understanding Social Interactions and Controlling Their Emotional Responses
 - ▶ Gray, C. (1994). Comic Strip Conversations.
 - ▶ Gray, C. (2010). The New Social Story Book.
 - ▶ NICE Guidelines (2013) The Management and Support of Children and Young People on the Autistic Spectrum
 - ▶ Ozsivadijan, A., Knott, F.J., and Magiati, I. (2012). Parent and child perspectives on the nature of anxiety in children and young people with autism spectrum disorders: a focus group study. *Autism* 16 (7) 107-121
 - ▶ Simonoff, E., Pickles, A., Charman, T., Chandler, S., Loucas, T. and Baird (G). (2008). Psychiatric Disorders in children with autism spectrum disorders: prevalence, comorbidity, and associated factors in a population-derived sample. *Journal of the American Academy of Child and Adolescent Psychiatry*, 47 (8), 921-929
 - ▶ www.jkp.com - jessica kingsley publishers do a wide range of books.