



Primary PE and Sports Premium 2023-2024

The PE and Sports Premium was allocated to Drumbeat school & ASD service for 2023-24 to support the implementation of sports and PE activities across the curriculum and extracurricular events. For this academic year we received in funding.

During 2023-24 we consulted with governors and the staff team about the best uses of this funding in order to maximise the benefit to our students' wellbeing, health and enjoyment and also support the curriculum for PE within the school.

Proposed area of spend 2023-2024	Proposed reason for spend.	Impact on the learning, health and wellbeing of students at Drumbeat.	End of year review
Swimming Lessons at local Lewisham leisure centres. £9,000 +	Swimming lessons are an integral part of the primary national curriculum. These lessons provide our students with a wide range of learning opportunities and chances increase their physical activity on a regular basis. Swimming lessons also provide the students with a skill which could potentially be lifesaving.	During these lessons the students learn the key skill of swimming. The lessons also provide a range of different learning opportunities for each of the students. Some students benefit from the sensory input of being in a swimming pool, this provides them the opportunity to exercise in an environment they feel comfortable in. Communication opportunities are provided through these swimming lessons, for example the students following instructions and making requests. The physical activity aspect of the swimming lessons also encourages the students to be active and enjoy exercise. This contributes towards living a healthy and active lifestyle. Cross-curricular opportunities are also provided within these sessions for example maths skills when using times and distances within the sessions. Swimming sessions are accessible to all students, including those from a disadvantaged background, who may not be able to access this opportunity outside of school.	

Proposed area of spend 2023-2024	Proposed reason for spend.	Impact on the learning, health and wellbeing of students at Drumbeat.	End of year review
<p>Horse riding, Southborough lane stables. £8,000 +</p>	<p>Horse riding lessons have become an integral part of our primary curriculum at Drumbeat. These sessions support the students in a therapeutic manner alongside providing learning opportunities within the local community.</p>	<p>Primary students take part in weekly horse riding lessons for a block of 6 weeks. These lessons allow the students to practice their communication skills by learning about the animals and safety around the activity of riding. The students are provided an opportunity to be physically active during these sessions encouraging fitness levels to increase. The students receive sensory input whilst riding the horses and an opportunity to experience different sensations when moving. Cross-curricular opportunities for learning such as key reading skills and maths skills such as counting are built into these sessions to support class based learning by applying skills to a practical activity. There is also a large amount of evidence based research that indicates the therapeutic advantages of horse riding including spontaneous communication and interaction. One example is a study from McDaniel Peters, B.C., & Wood, W. (2017). In the journal of autism and developmental disorders. Horse riding is an activity which can often prove to be inaccessible due to cost. By providing this opportunity all students are able to access the benefits of this activity, regardless of background.</p>	

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<p>Trampoline Sessions Down at local Lewisham leisure centres.</p> <p>£6000 – Spring/Summer Term Only</p>	<p>Trampoline sessions provide an invaluable opportunity for our students to learn a new skill in a structured environment.</p>	<p>Trampolines are a great sensory tool that can be used to support self-regulation for children with Autism. Jumping on a trampoline supports are students vestibular sensory input which enables them to stay in a regulated state of arousal.</p> <p>Benefits of Trampolining;</p> <ul style="list-style-type: none"> • Improved balance, co-ordination and posture • Self- regulation • Increased cardio –vascular system • Promotes turn taking and waiting skills 	
Proposed area of spend 2023- 2024	Proposed reason for spend.	Impact on the learning, health and wellbeing of students at Drumbeat.	End of year review
<p>South London Special League: Football</p> <p>£300 – Entry Fee</p>	<p>The South London Special League enables pupils to play football against other special schools. This enables students from Drumbeat to compete alongside their peers from other schools and engage in their local communities.</p>	<p>Year 6 students from Drumbeat have taken part in Termly football competition provided by the South London Special League – Student will represent Drumbeat and will work together to achieve a common goal. These competitions will support pupils in building stronger relationships with their peers and will provide sense of belonging by representing their school in inter school competitions.</p>	

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Panathlon events £300 – Entry Fee	The Panathlon foundation provide a range of opportunities for students with special educational needs to take part in fun and engaging competitive sports opportunities. This provides a chance for students at Drumbeat to compete alongside their peers from other schools and engage with their local communities.	Students from Drumbeat regularly take part in Panathlon events, these are multisport events where the students take part in a range of activities, in a circuit style, to earn points. Again these events provide an opportunity for the students to learn a range of new physical skills and also work within a range of different rules for different activities. This contributes towards their communication development. These events are another opportunity for the students to engage with their local community and develop their social skills.	

