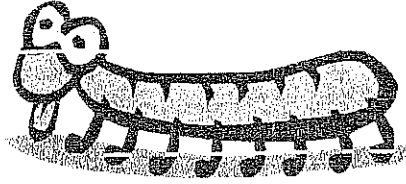


The Very Hungry Caterpillar



'Can I massage your back?'

Strokes:

'Egg' – draw an oval & colour it in, fingertips circling at the base of the back

'Sun' – circling from base with one hand getting bigger & bigger to cover whole back

'Pop' – say out loud & clap once!

'Caterpillar' / 'he' index finger & thumb together either side of spine, stretch fingers away from thumbs & thumbs follow, alternately 'walking' away & following to shoulders

'Ate' – squeeze top of shoulders between fingers & thumbs

Numbers '1 -5' – trace on whole back with 1 hand

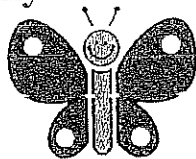
'Fat caterpillar' – as before but with heel of hand instead of thumbs x 3

'Cocoon' – as egg but bigger to cover the whole back using fingertips

'Nibbled' – squeeze top of shoulder between 1 finger & thumb

'Pushed' – grasp shoulders & push towards fingers with heel of hands x 3

'Butterfly' draw on the back with both hands x 3, interlace thumbs & fly away!



' Thankyou! '