



# Drumbeat Outreach

## Parent Workshop

### Masking

Masking is a term that is now more widely heard in relation to autistic and neurodivergent individuals but it is not so easy to detect or understand. In this workshop we will be exploring what is meant by autistic/neurodivergent masking, listening to first hand accounts from different individuals as they give us their unique perspectives on 'their' masking. We will consider the pros and cons for maskers and how we can support young people to manage the world in a way that is comfortable and sustainable for them.

**Tuesday 14<sup>th</sup> May 2024 – 6pm-7.30pm**

**This session will be a webinar.**

Please email [outreach.admin@drumbeat.lewisham.sch.uk](mailto:outreach.admin@drumbeat.lewisham.sch.uk) or telephone 020 3143 1431 to reserve your place.



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